

Eve-Taylor Signature Facial Treatment Menu (Continued.)

EVE-TAYLOR PURIFYING FACIAL (50mins)	€75
EVE-TAYLOR ULTRA SOOTHING (50mins)	€75
EVE-TAYLOR PRESCRIPTIVE FACIAL WITH EXTRACTIONS	€80
EVE-TAYLOR MINI PRESCRIPTIVE FACIAL (30mins)	€48

Eve-Taylor Advanced Facials

EVE-TAYLOR ADVANCED FACIAL (50mins)	€80
EVE-TAYLOR BRIGHTENING FACIAL (50mins)	€80
EVE-TAYLOR CAVIAR FACIAL (50mins)	€80
CRYOGENIC ANTI-AGING & FIRMING FACIAL (50mins)	€85
BIO-MASQUE FOR REDNESS & DESENSITISING	€80
EVE-TAYLOR EYE HYDRATION TREATMENT (add-on treatment)	€30
EVE-TAYLOR LIP TREATMENT <i>To Hydrate & Plump Out The Skin (add-on treatment)</i>	€30

The Gentlemen's Treatment Menu

MEN'S SPECIAL RE-ENERGISING FACIAL (55mins)	€65
MEN'S DEEP CLEANSE FACIAL (55mins)	€70
THE MEN'S SPECIAL (45mins) <i>Deep tissue aroma back, neck & shoulder massage tailored specifically for males.</i>	€65
MANICURE FOR THE BUSINESS MAN	€45

Bookings: We will require a 20% deposit for each appointment to secure your booking. All appointments throughout our spa clinic are in high demand. We require 48 hour's notice to cancel/re-schedule an appointment if failed to do so we will have to deduct the 20% deposit given. If less than 48 hour's notice is given we will require 100% of the treatment price.

Cancellation Policy: As a courtesy to other guests please give a minimum of 48 hours for cancelling one or two guests and 72 hour's notice for groups of 3 or more. Failure to cancel within the required time will result in 100% of treatment cost as a cancellation fee.

Spa and Clinic Equity: We require you to arrive 5 mins before treatment to fill in a consultation form. We ask that you speak low and avoid disturbing other guests who are relaxing. We ask that you turn off your phone or put it on silent.

Voucher Policy: Vouchers are valid for SIX months from date of issued. Please note if your voucher is due to expire we will extend for ONE month from date of expiry but would only be valid mid week Tuesday to Friday providing you call or email to extend before it is due to expire if failed to do so your voucher will be marked as void.

Product Policy: Products cannot be returned if opened or used. We do not give credit for options outside of these circumstances. Please note vouchers are not redeemable against products.

Waxing Services

Waxing & tinting Grooming essentials: (48-hour patch test is essential for all waxing & tinting). Please note we have tea-tree & a lavender wax for normal waxing services & we stock waxperts wax for more advanced waxing services. A patch test is required for any new client.

NORMAL WAX (Tea-tree/Lavender)	WAXPERTS WAX	Waxperts	
Eye Brow Shape	€12	Eye Brow Shape	€15
Eye Brow Tint	€11	Side of Face Wax	€14
Eyelash Tint	€16		
Eye Combo Special	€30	Eye Combo	€32
Lip & Chin	€14	Lip Wax	€12
Lip Wax	€10	Lip & Chin	€16
NORMAL WAX		WAXPERTS WAX	
Half Leg <i>excluding bikini</i>	€22	Half Leg <i>excluding bikini</i>	€26
Full Leg Wax <i>excluding bikini</i>	€31	Full Leg <i>excluding bikini</i>	€35
Standard Bikini Line Wax	€18	Standard bikini Wax	€26
Californian Wax	€28	Californian Wax	€32
Extended Bikini Wax	n/a	Extended Bikini Wax	€42
Brazilian Wax	n/a	Brazilian Bikini Wax	€49
Hollywood Wax	n/a	Hollywood Bikini Wax	€59
Underarm Wax	€14	Underarm Wax	€16
Abdominal Wax	€15	Abdominal Wax	€17
Lower Back	€20	Lower Back	€25
		Arm Wax	€25
Full Back <i>(depending on person average)</i>	€50	Full Back	starting from €55

Nail Therapy

ALKEN HAND OR FOOT RITUAL <i>This is a treatment for skin on hands or feet. A treatment for the skin please not this is not a manicure, no polish is used.</i>	€50
2 WEEK POLISH APPLICATION	€25
REMOVAL <i>(if not applied here)</i>	€10
MINI PEDICURE <i>(no polish)</i>	€40
DELUXE PEDICURE WITH 2 WEEK POLISH	€60
MANICURE WITH 2 WEEK POLISH	€50

Make-up Application

MAKE-UP APPLICATION	€40
MAKE-UP LESSON	€65

Spray Tanning

FULL BODY - BELLAMIANITA	€30
FULL BODY - CRAZY ANGEL	€28



7 ALken
Beauty Clinic

Embrace the journey, embrace all that there is

Gift Vouchers Available

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Portlaoise, Co. Laois, R32 HKN3

Email: info@alken.ie
www.alkenbeautyclinic.ie

Tel: 057 869 5933





Massage & Body Therapy

ALKEN SIGNATURE MASSAGE: Our own signature massage treatment. A combination of Swedish, holistic, Thai & our own stamp of massage therapy. There is nowhere else that delivers our excellent massage therapies. We take breathing & visualisation techniques to relax you on your journey to utter bliss.

Back (25mins)	€50
Full Body (50mins)	€80
Full Body Melt (1 hour 20mins)	€120

COCONUT SCALP MASSAGE TREATMENT

USING HOT OILS: Excellent conditioning treatment for hair & scalp.

Add on treatment	€30
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ALKEN MUSCLE MELT MASSAGE: This is the ultimate unwind & relaxing massage therapy session we have on offer.

Muscle Melt Aroma Full Body Massage (80mins)	€120
Muscle Melt Aroma Full Body Massage & Indian Head & Reflexology Pressure Points (2 hours)	€200

ALKEN HOLISTIC SIGNATURE MASSAGE: Holistic Massage is a gentle rhythmical stroking & kneading of the body's soft tissues, soothing away tensions & relaxing & balancing mind & body. A holistic approach to massage therapy.

Back (25mins)	€50
Relaxing Deluxe Back, Head, Neck & Shoulder Massage (40mins)	€60
Full Body Massage (50mins)	€80

RELAXING AROMA MASSAGE: A pre-blend of hot essential oils to relax tired, stresses & worn out minds & bodies.

Back (25mins)	€48
Full Body Massage (55mins)	€68

ALKEN SIGNATURE HOT STONE MASSAGE:

Using hot basalt stones & hot aroma oils to sooth & nurture the mind & soul.

Back (25mins)	€50
Full Body (50mins)	€80
Full Body Hot Stone Reviver (65mins)	€100

INDIAN HEAD MASSAGE THERAPY: The ancient tradition of specific massage to the head, neck, shoulder face & scalp massage. Extremely relaxing for tired shoulders & sinus issues.) Use a pre-blend of hot aroma oils.

Indian Head Massage (25mins)	€50
Indian Head Massage (40mins)	€65

SWEDISH MASSAGE: The main purpose of Swedish massage is to increase oxygen flow in the blood & release toxins from the muscles.

Swedish massage is relaxing & invigorating.

Back (25mins)	€45
Full Body Massage (50mins)	€75

Specific Massage Therapy

Courses of massage therapy are recommended. Your therapist will design a plan for you during consultation process.

DEEP TISSUE MASSAGE: A deeper massage technique is used to get out greater tension in the back/body. Great for knots & deep tension in body to release this build up.

Back (45mins)	€65
Specific Target Area (60mins)	€80
Full Body Treatment (1hour 30mins)	€120

SPORTS MASSAGE THERAPY: This is a specific advanced technique designed to focus on athletes, those in training or people suffering from repetitive strain injury.

Specific Area (30min)	€65
Specific Area (50min)	€85

LYMPHATIC DRAINAGE MASSAGE: A therapeutic massage treatment that uses very light pressure & long gentle stokes to increase lymphatic flow & rid the body of toxins. A course of plan, is recommended, ask your therapist.

Full Body (50mins)	€70
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Pregnancy / Pre & Post Maternity Therapy

Please note you must be over your 1st trimester to have any treatments. Pregnancy massage eases back pain, promotes sleep & improves skin tone, aids the circulatory & lymphatic system. Doctors agree that a relaxed mother will be more likely to have a happier & healthier baby.

MUM TO BE-PREGNANCY BACK MASSAGE

& MINI FACIAL TREATMENT (60min)	€70
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(Please note €10 supplement charge for Saturday bookings)

MUM TO BE- PREGNANCY FULL BODY MASSAGE

& MINI FACIAL TREATMENT (75mins)	€100
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MUMMY DELIGHT FULL BODY MASSAGE, MINI FACIAL & LYMPHATIC LEG & FOOT TREATMENT

(90mins)	€140
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FOOT REFLEX ZONE THERAPY

(60mins)	€60
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Your feet can cause you problems during pregnancy. Let us take the pressure off. Starting with a relaxing foot soak & exfoliation & lymphatic drainage massage to feet & legs, followed by a reflexing foot zone massage.

Holistic Complimentary Therapies

REFLEXOLOGY: A course of six treatments is recommended. Reflexology can help restore & encourage healing in a natural way. This treatment is especially great for Hay fever, Sinus & Allergy sufferers. A course of six is recommended for full benefits.

Reflexology (30mins)	€45
Reflexology (60mins)	€60

HOPI EAR CANDLING: Using an age-Old therapy of gently inserting Hopi candles slightly into the ears to create warmth & a suction effect to treat ear & sinus problems. Ear lymph drainage massage followed after.

Hopi Ear Candling Treatment & Ear Massage Treatment (35mins)	€55
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GUIDED MEDITATION BREATHING

VISUALISATION THERAPY (60mins)	€75
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This is a specialized relaxing meditation guided with a skilled therapist. An excellent introduction to the world of meditation. Using visualisations & breathing techniques to clam & heal the mind, body & soul.

Body Treatment Menu

EXFOLIATION: A complete balancing & rejuvenating spa experience, using our pomegranate scrub for smooth youthful skin with a pampering application of mega moisture body butter.

Full Body Scrub inc. Mega Butter Massage Treatment (90mins)	€100
Full Body Scrub (30mins)	€60
Back Facial (50mins)	€65

A back treatment tailored for the skin on your back. This is a facial treatment but on your back. A cleanse tone exfoliation steam & a mask tailored to your needs followed by a 15min lymphatic drainage massage. Deeply relaxing while getting smooth silky skin.

Wraps

COCOON WRAP (60mins)	€100
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Excellent detoxifying treatment for the mind, body & soul. Dry body brushing to stimulate the lymphatic system, followed by a specific lymphatic drainage massage & head & scalp massage to ease out tension & stress. A pre-blend of aroma & coconut oils used. Relaxing & reviving. Your skin will feel amazing after.

DETOX SEAWEED WRAP (75mins)	€120
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Dry body brushing, detoxifying seaweed treatment & relaxing scalp massage treatment. Nourishing body butter to finish.

The Facial Treatment Menu

The Alken signature facial Menu. Using the Kaeso Collection to deliver ingredients with essential formulas to deliver effective & luxurious professional treatments. A luxurious and effective collection.

ALKEN PRESCRIPTIVE FACIAL (50mins)	€50
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ALKEN SENSITIVE FACIAL (50mins)	€50
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ALKEN DEEP CLEANSING FACIAL (with steam & extractions) (60mins)	€65
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BODY & SOUL MINI PRESCRIPTIVE FACIAL (25mins)	€40
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EYE WRINKLE OR PUFFINESS TREATMENT (15mins add-on to a facial)	€25
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ALKEN CAVIAR FACIAL (60mins)	€70
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ALKEN VITAMIN C FACIAL (60mins)	€70
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Teenage Skin Facial Menu

CLEAN START FACIAL (25mins)	€40
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DEEP CLEANSE FACIAL (50mins)	€60
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A course of treatments of recommend for best facial results.

Eve-Taylor Signature Facial Treatment Menu

Eve Taylor London is the natural choice for beautiful skin, harnessing the power of aromatherapy & botanical extracts for over 5 decades. Natural skincare enriched with products with the finest hand-blended essential oils, from pioneer Eve- Taylor herself. With our products only available through salons, spas & professional recommendation, you can be sure you are providing your skin with the care it needs. Paraben free & not tested on animals.

EVE-TAYLOR SOOTHING FACIAL (50mins)	€75
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EVE-TAYLOR BALANCING FACIAL (50mins)	€75
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