



**FACIAL TREATMENTS
KAESO PRODUCT RANGE**

- MINI FACIAL**€30
- PRESCRIPTIVE FACIAL** (75 mins)€45
- BALANCING FACIAL** (75 mins).....€45
- PURIFYING FACIAL** (75 mins).....€45
- DESENSITIZING FACIAL** (75 mins)€45
- HYDRATION FACIAL** (75 mins)€45
- DEEP CLEANSE FACIAL** (75 mins)€45
- EYE WRINKLE TREATMENT**€20
- EYE PUFFINESS TREATMENT**€20



FOR MEN

- REGENERATION FACIAL**
(Anti-ageing)€45
- CLEAN START FACIAL**
(For teenage skin types) (45 mins).....€35

Body & Soul Therapy Rooms

Body & Soul Therapy Rooms

- A wide range of Spa packages available
- Half day Spa rituals available
- Gift vouchers available
- Cancellations should be made 24 hr prior to treatments

Our Objective

Body & Soul Therapy Rooms offer an extensive variety of complimentary & beauty treatments tailored to suit your needs. We provide an extremely high standard of treatments at affordable and competitive prices. With our extensive range of diverse treatments and our signature massage treatments Body & Soul therapy rooms is the place to be...

*Think Massage -
Think Body & Soul Therapy Rooms*

*Maldron Hotel,
Midway, Abbeyleix Road,
Portlaoise, Co. Laois*



*Tel: (057) 86 95933
Mobile: (085) 167 1696
From Hotel extn: 5650*

Luxury treatments at affordable prices



MASSAGE & BODY TREATMENTS

HOT STONE MASSAGE

Back (30 mins).....€35 Full body(60 mins) €65

RELAX AROMA MASSAGE

Back.....€30 Full body.....€55

HOLISTIC MASSAGE

Back.....€30 Full body.....€60

BODY & SOUL SIGNATURE MASSAGE

Back.....€35 Full body.....€60

DEEP TISSUE BACK MASSAGE.....€45

PREGNANCY MASSAGE

Back.....€35 Full body (75 mins).....€75

FULL BODY EXFOLIATION SCRUB

with a choice of manarin, black pepper or pomegranate
(30 mins).....€30

DETOX SEAWEED WRAP

with dry body brush & complementary scalp massage
(1 hour).....€60

MEN'S SPECIAL

Deep tissue aroma back, neck & shoulder massage, with
foot cleanse & relaxation cocoon movements
(1 hour).....€60

*Please enquire about in-room treatments
available in the comfort of your hotel room*

HOLISTIC/ COMPLEMENTARY THERAPIES

AROMATHERAPY (1 hour).....€55

*Enjoy a one on one with our on site Aromatherapist to
tailor a blend of oils to treat your concerns*

STRESS MANAGEMENT (1 hour).....€55

*Visit our on site stress manager for a consultation & an
assessment to tailor a treatment programme for you.*

REFLEXOLOGY (1 hour)....€40 Course of 6....€200

*Reflexology is a holistic therapy which is based on the principal
that there are reflexes in the feet which correspond to all of the
organs & parts of the body. Due to stress & frantic lives, excess
calcium salts & uric acid can build up deposits & tensions in our
feet, causing a blockage of energy flow throughout the body.
Reflexology can help restore & encourage healing in a natural
way.*

INDIAN HEAD MASSAGE (45 mins).....€45

*This ancient tradition of specific head manipulation & massage
techniques is health beneficial for stress & sinus issues*

THERMAL AURICULAR THERAPY

*Using an age old therapy of inserting hopi candles into the ears to
create a warmth & suction effect to treat ear & sinus problems.
(45 mins).....€45*

SPORT INJURY MANAGEMENT

*This is a specific advanced technique designed to focus on ath-
letes, those in training or people suffering from Repetitive strain
injury. (1 hour).....€65*

BABY MASSAGE CLASSES

*Learn to massage your baby - meet other parents & reap the
benefits. Relief from wind & colic. Improves sleep patterns. (1 to
1 available) Enquire in Body & Soul for details.*



BEAUTY TREATMENTS

TANNING

Full Body Spray Tan€35
Half Body.....€25

EYE TREATMENTS

Eyebrow Shape/Wax.....€12
Eyebrow - Tint€10
Eyebrow - Tint & Shape.....€20
Eyelash - Tint€10
Eye Combo.....€25

Make-up Lessons€35
Make-up Application€28

Bridal Packages Available

NAILS

File & Paint€15
Manicure€30
Deluxe Pedicure.....€35
Deluxe Hand & Foot Ritual.....€35

*Nail Art Available on request**

WAXING

Half Leg€20
Half Leg incl. reg. Bikini line.....€30
Full Leg incl. reg. Bikini line.....€40
Bikini Line regular.....€15
Underarm.....€12
Lip & Chin.....€12